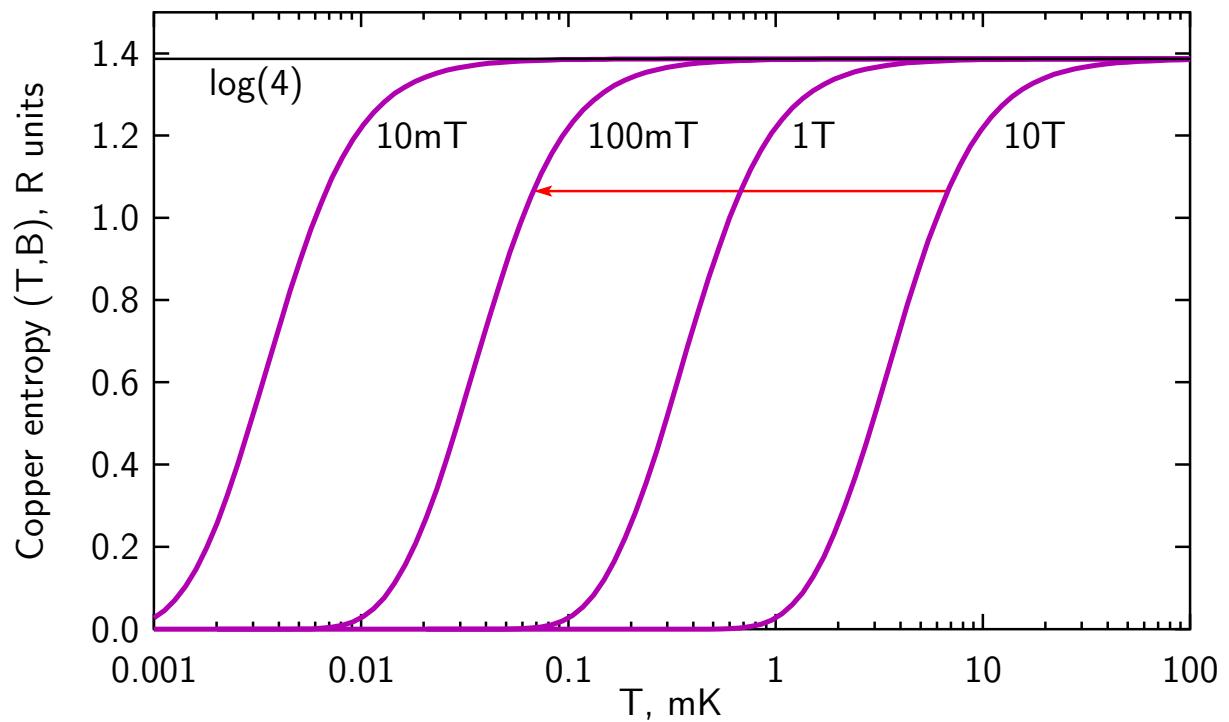


Cooling ^3He superfluid by demagnetising solid ^3He in aerogel

Vladislav Zavjalov

Adiabatic demagnetisation



Cooling of copper nuclei: 20 nK

Cooling He^3 : 100 μK

- Kapitza boundary resistance
- Ballistic regime

Aerogel:

- acts as a uniform impurity
- does not break superfluidity
- surface covered with solid He^3
- solid He^3 is paramagnetic

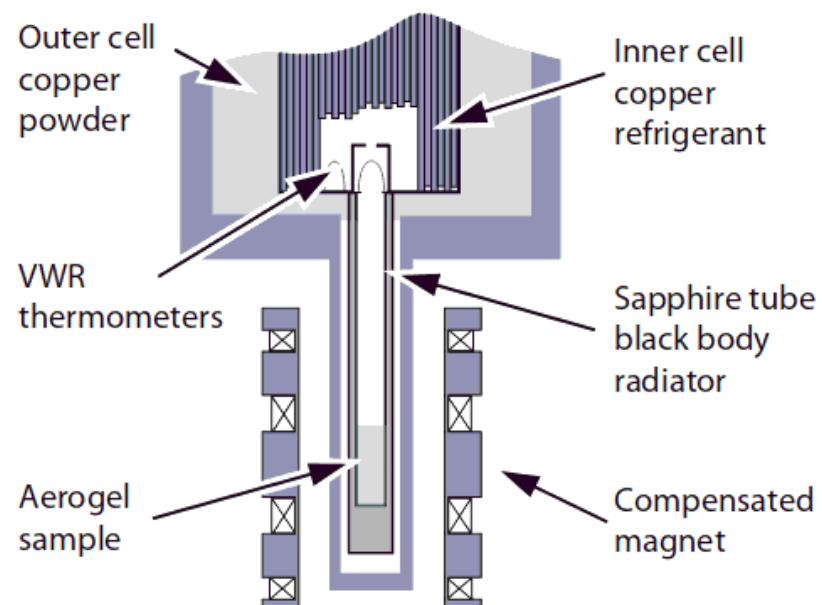


FIGURE 1. Schematic of the experimental cell showing the sapphire blackbody radiator containing the aerogel sample. The copper demagnetization final field magnet is not shown.

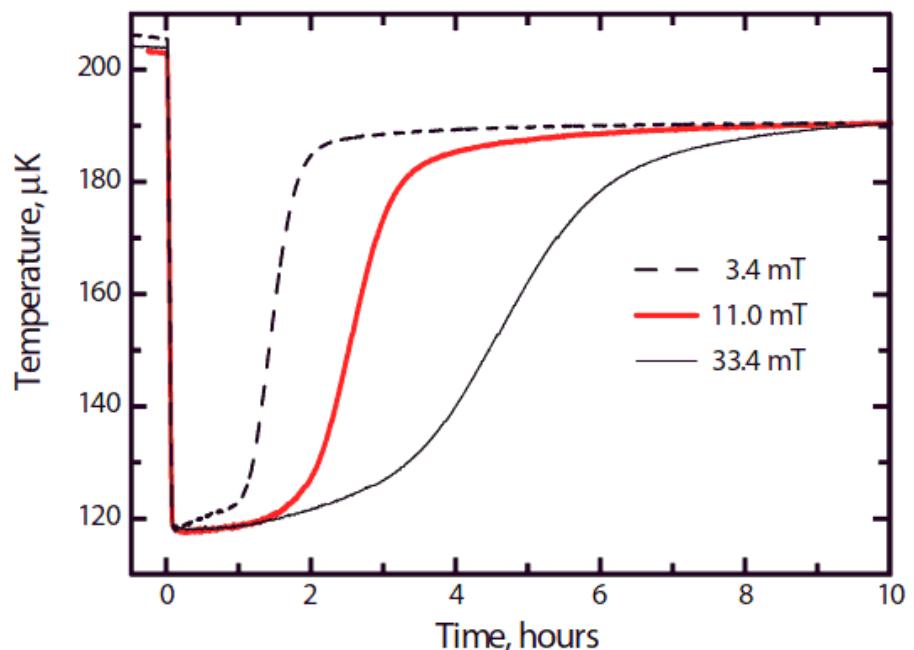
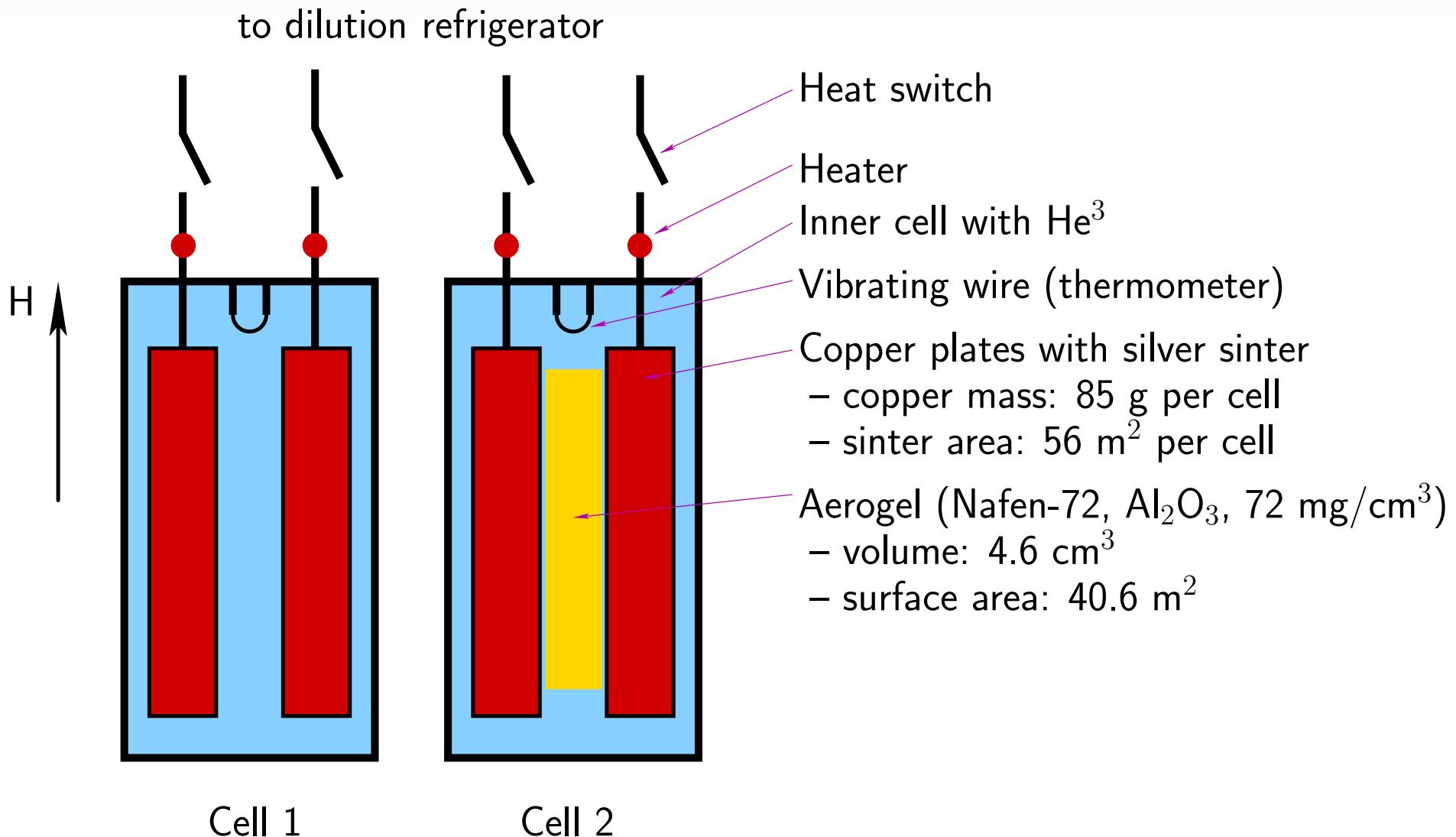


FIGURE 2. Temperature evolution of the $^3\text{He-B}$ in the blackbody radiator following three demagnetizations from an initial field of 124 mT to the final fields indicated.



Building the experimental cell

